

What do you take for _____?

Name	a cold?	a headache?	a stomachache?	a backache?	a fever?

Handout 2: What did you eat yesterday?

Write the foods you ate yesterday in the correct group.

Bread, cereal, rice, and pasta	Vegetables	Fruit	Milk, yogurt, and cheese	Meat, poultry, fish, beans, eggs, and nuts

What foods do you need to eat more?

What foods do you need to eat less?